## Sample Timeline for Preparing for Medical School - Based on Fall 2006 Admission to UMR

<table>
<thead>
<tr>
<th>Year</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
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<tbody>
<tr>
<td>Class</td>
<td>Freshmen</td>
<td>Sophomore</td>
<td>Junior</td>
<td>Senior</td>
</tr>
</tbody>
</table>

### Important Dates
- **MCAT - 22 computer based offerings**
- **AMCAS begins accepting application**
- **Early admission deadline**
- **Standard admission deadline**

### Key Activities
- **Complete required courses**
- **Contact PreMed Committee**
- **Gain medical and civic experience - physician and nurse shadowing and volunteer activities**
- **Bryant Scholar Applications Due**
- **Prepare for MCAT**
- **PreMed Committee Interview**

### Relevant Dates
- **August**: Start preparing for MCAT
- **September**: Fall semester begins
- **October**: Early admission deadline
- **November**: Standard admission deadline
- **December**: Winter Break
- **January**: MCAT examination
- **February**: Spring semester begins
- **March**: AMCAS application deadline
- **April**: PreMed Committee interview
- **May**: Contact PreMed Committee
- **June**: Complete required courses
- **July**: Summer vacation
- **August**: Start of summer internship or research project

### Preparation
- **February**: Gain medical and civic experience
- **April**: Prepare for MCAT
- **January**: PreMed Committee interview
- **May**: Complete required courses